

## Learning about seasonal clothing activity

A changing season is a great opportunity to talk to children about the clothing needed to keep them warmer/cooler.

### Learning aims

- Understanding the world - learning about the seasons
- Language and communication - using a range of vocabulary.

### Resources

- A box or a bag to store the clothes
- A selection of children's clothing from the changing seasons:
  - Wellies
  - Sandals
  - Scarves, gloves, mittens
  - Vests
  - Woolly socks and cotton ankle socks
  - Summer cap
  - Winter hat.



### Activity Outline

1. Talk to your children about the changing weather and how it feels
2. Have them think back to a different season e.g. playing outdoors in the warmth after putting on sun cream
3. Talk about the types of clothes they wore e.g. sun hats, woolly hats
4. Ask your children how the weather made them feel e.g. the warm sunshine may have made them happy
5. Discuss the current weather and ask your children to talk about what they are wearing
6. Bring out your box/bag of clothes and ask the children to sort them into clothes you can wear on a hot day and clothes you can wear on a cool day
7. Move on to talk about ways to keep warm in the cold weather such as taking part in physical activity.